

# Yellow Mandarin

*Citrus nobilis* 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Therapeutic Grade®

**Application:** A T I N

**Plant Part:** Peel

**Extraction Method:** Cold pressed

**Aromatic Description:** Citrusy, zesty

**Main Chemical Components:** Limonene,  $\gamma$ -terpinene

## PRIMARY BENEFITS

- Uplifting and refreshing aroma
- Skin toning, balancing and cleansing
- When ingested supports healthy respiratory and gastrointestinal health\*
- Helps settle digestion when taken internally\*

### Yellow Mandarin

*Citrus nobilis* 5 mL

Available in:

October 200PV Promotion



## PRODUCT DESCRIPTION

Mandarin is a small evergreen tree with a single trunk and many thin, drooping branches. Often confused with Tangerine, the Mandarin orange is a variety in the same Rutaceae family. Mandarin fruit peels are used to make three different Mandarin essential oils. The oil produced depends on the ripeness of the fruit. Green Mandarin comes from early fruit that is still green, Red Mandarin comes from completely ripened fruit, and Yellow Mandarin comes from fruit in the middle of the ripening stage. Yellow Mandarin oil from cold pressed semi-ripe fruit peel is the most floral of all mandarin oils. It has a delicious aroma that encourages positivity and has also been reported to be soothing to the nervous system when taken internally.\* Beneficial to the skin, use it as a wash off skin-toner. Clinical research suggests that limonene, found in Yellow Mandarin essential oil, aids in healthy respiratory function and gastrointestinal health.\* The oil also helps settle digestion.\*

## USES

- Diffuse anytime to create an elevating yet relaxing atmosphere.
- Use in Fractionated Coconut Oil for an uplifting, balancing, and supporting massage.
- Combine with your favorite dōTERRA cleanser to boost skin cleaning.
- Take one to two drops internally to help support healthy digestion.\*

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal use:** Dilute one drop in four fluid ounces of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with carrier oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sun and UV rays for at least 12 hours after applying product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.